

HOMEWORK: Day Two: Unveiling Your Beliefs (Believe, Say, Do, Think)

1. Without editing, write your deepest desire and truest longing. You know, the one you dare not or may not have told anyone. Tell me why that is your deepest desire. Use another sheet of paper, if needed.

2. If you are struggling to know your deepest desire, tell me what upsets you or breaks your heart in your life or in the world. Is there a big problem you are trying to solve?

3. What are some steps that you feel you can take to help attain that longing? (Journaling, Coaching, Bible reading, etc.)

4. What does your daily routine look like now? List the things that demand your attention. (Children, Work, Volunteer, TV, Shopping, Gym, Chores, Pets, Social Media) Be honest with yourself.

5. Will those things fit into your new story? Why or why not? Is there a conflict?

SCRIPTURE MEMORY VERSE:

“Do not be like them, for your Father knows what you need before you ask Him.” Matthew 6:8
ESV

“The heart of man plans his way, but the Lord establishes his steps.” Proverbs 16:9
ESV

